

# Food and Feasts of Colonial Virginia

Embark on an historic culinary journey through Colonial Virginia! This Foodie Tour sweeps through Williamsburg's colonial charm, Richmond's modern southern delights, Fredericksburg's Civil War-inspired fare, and Old Town Alexandria's waterfront treasures. From colonial stews to modern marvels, savor every bite in this 100-mile gastronomic adventure, a celebration of flavors and the history that shaped our nation. Indulge in a bite of history on this unique Colonial Virginia Foodie Tour!

## SAMPLE ITINERARY

### DAY ONE - Come hungry!

Arrive in **Williamsburg, Virginia**, and indulge with lunch included such as Virginia Ham and Biscuits, Brunswick Stew, homemade pie, & other classic early foods of the area.

Step back in time with a visit to the **Jamestown Settlement**, a living history museum of 17th century life in the area with interactive exhibits and immersive films.

**Check-in** to your local MARS Partner Property hotel in the Williamsburg area.

This evening, enjoy a **Colonial Feast Welcome Dinner** at one of the famous Colonial Taverns ~ A true "taste" of history!

### DAY TWO -

Enjoy **breakfast included** at the hotel.

Immerse yourself in the history of **Berkeley Plantation**, the birthplace of Benjamin Harrison, a signer of the Declaration of Independence, and William H. Harrison, our ninth U.S. president.

Enjoy a delightfully historic **lunch included** at a local popular tavern serving fresh & local fare since 1872. Feast on mouth-watering Southern cuisine in the heart of Charles City.

This afternoon, embark on a **Guided Tour of Williamsburg** and learn how the area featured prominently in the

Virginia Colony's road to the revolution. This tour is a living microcosm of the historic world of the Colonies during the time of the American Revolution.

Afterwards, discover **Mead and Honey at Silver Hand Meadery**. Mead is one of the most historic fermented drinks found on Earth. It has the creativity of craft beer and the elegance of wine, but is in a category all its own. Mead is created by the fermentation of sugars found in honey, with additional herbs, spices, and fruits added to create unique flavors.

For **dinner included** this evening, dine on the very best local seafood. You'll sample delicacies which would've been enjoyed by the colonists including fresh local oysters, crab cakes, and more, at a restaurant voted by locals as "Best in Seafood" and "Best Crabcake" year after year.

### DAY THREE -

Enjoy **breakfast included** at the hotel prior to checking out.

Explore **Yorktown**, one of the eight original shires formed in colonial Virginia in 1682, and enjoy lunch on own in downtown Yorktown before departing for Richmond, VA.

Tour the **Virginia State Capitol** designed by Thomas Jefferson himself.



Experience a reenactment of **Patrick Henry's** famous, "*Give Me Liberty or Give Me Death*" speech at **St. John's Church**.

**Check-in** to your MARS Partner hotel in the **Richmond, VA**, area.



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## SAMPLE ITINERARY *(continued...)*

Tonight, enjoy **dinner included** at Richmond's landmark for intimate fine dining. The restaurant was built in 1760 on a grant of land from George II of England, by a patent dated 1743. The property is furnished in authentic antiques. Among its famous guests were George Washington, the Marquis de LaFayette, Patrick Henry, Thomas Jefferson, Robert E. Lee, U.S. Grant, James Whitcomb Riley and scores of others. In fact, as the horse change and rest stop for the Petersburg Coach, everyone who traveled South of Richmond, from the Revolution until late in the 19th century, stopped here, if only for rest & refreshment.

### DAY FOUR -

Enjoy **breakfast** at your hotel this morning prior to **checking out**.

Explore **Tuckahoe Plantation**, the boyhood home of Thomas Jefferson and a beautiful historic landmark with gardens and a historically intact Main House and outer buildings built in 1733.

Continue your adventures & depart for **Fredericksburg, VA**.

Tour the **Rising Sun Tavern Museum**. While not serving food or drink since 1827, the Charles Washington built residence (in 1760), became a tavern in 1792. Today, it is a museum where guests are welcomed as if they have just stepped off a stagecoach into 18th-century life.

Enjoy **lunch on own** while exploring in Downtown Fredericksburg.

Tour the **Mary Washington House**, a historic home purchased by George Washington in 1772 for his mother, Mary.

Visit **Ferry Farm**, where young George Washington spent his formative years and became an extraordinary man after moving to the area in 1738 at the age of 6. The Washingtons called this place the Home Farm

but it later became known as Ferry Farm because people crossed the Rappahannock River on a ferry from the farm to the town of Fredericksburg.

Visit **Kenmore**, the home of Betty Washington Lewis (George Washington's sister) who, during the Revolutionary War, loaned money to the state of Virginia to build and support a gun factory.

Feast this evening at a classic Tavern, serving colonial fare and located where, in December 1862, a major battle was fought. The restaurant houses artifacts & history within its walls.

Continue to **Alexandria, VA**, and **check-in** to your local MARS Partner Property hotel for the evening.

### DAY FIVE -

Enjoy **breakfast** included at the hotel.

Explore **Old Town Alexandria**, the quaint colonial town frequented by George Washington. Visit Christ Church where he attended services and tour Gadsby's Tavern Museum where hospitality was enjoyed by Martha and George Washington, Thomas Jefferson, & the Marquis de Lafayette.

Enjoy **lunch on your own with free time** to wander along the cobblestone streets of Old Town Alexandria.

Be transported back in time and explore **Mount Vernon**, the estate of our 1st US President, Commander of the Constitutional Army, and the President of The Constitutional Convention. While visiting, we'll pay respects and lay a wreath at his gravesite located on the property where he is entombed.

Visit **Washington's Distillery and Grist Mill** located at Mount Vernon.

This evening, dine on authentic colonial-style fare with **dinner** at a



historic tavern, serving the people delicious fare since 1770.

### DAY SIX -

Enjoy an **included breakfast** at the hotel this morning prior to **checking out**.

Tour **George Washington's Masonic Temple & National Memorial** offering one of the finest views of the Nation's Capital, plus an extraordinary collection of Colonial-era treasures. The Masonic Memorial sits on the site originally proposed for the national capitol building.

Embark on a **Tour of Anderson House**, the home to the Society of The Cincinnati's Collection of Revolutionary era art, armaments, and personal artifacts.

Enjoy **lunch on own** at **The Square**. Some markets are merely historic. The Square makes history. Located in a light-filled oasis beneath International Square's brilliant glass atrium, DC's newest culinary landmark assembles today's boldest flavors alongside the city's emerging culture of tomorrow.

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